**Timetable for public transport to and from Stockholm**

**Monday-Friday**

<table>
<thead>
<tr>
<th>Nynäshamn-Stockholm City: Train 42X</th>
<th>Stockholm City- Nynäshamn: Train 42X</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:03 am (train 43X)</td>
<td>1:46 pm</td>
</tr>
<tr>
<td>7:33 am (train 43X)</td>
<td>2:16</td>
</tr>
<tr>
<td>8:03 am (train 43X)</td>
<td>2:44</td>
</tr>
<tr>
<td>8:33</td>
<td>3:14 pm (train 43X)</td>
</tr>
<tr>
<td>9:03</td>
<td>3:44 pm (train 43X)</td>
</tr>
<tr>
<td>9:33</td>
<td>4:14 pm (train 43X)</td>
</tr>
<tr>
<td>10:03</td>
<td>4:44 pm (train 43X)</td>
</tr>
<tr>
<td>10:33</td>
<td>5:14 pm (train 43X)</td>
</tr>
<tr>
<td>and so on every 30 minutes</td>
<td></td>
</tr>
</tbody>
</table>

The journey takes approx. 56 minutes

**Tickets:**
- You need to buy your ticket in advance. Tickets cannot be bought on the train.
- We recommend you to buy **24-hour cards** for the public transport system. This card covers the transport by train to and from Stockholm as well as subways, buses, trams and some of the ferries in Stockholm.

**Price:**
- Adults SEK 155
- About € 17
- About USD$ 19.4
- Reduced price for seniors and children:
  - SEK 105
  - About € 11.5
  - About USD$ 13

*Please remember! You will always get the best exchange rate when using a card.*

(Reduced price: Children age 7-19, students and adults over 65 years. Children under the age of 7 travel for free when accompanied by an adult ticket holder).

**The station in Nynäshamn:**
- A walk to the train station takes 15-20 minutes. Follow the blue line.
- A local shuttle bus runs between the cruise ship pier and the local station every 15 minutes in the morning and afternoon. This bus is **not** included in the 24-hour card.
- Return tickets for the shuttle bus:
  - Price/adult: SEK 40 / € 4.5 / USD$ 5
  - Price/children 6-19 years: SEK 20 / € 2.5 / US$ 2.5
**Ticket retailers:**
- Salespersons in the white tent by the entrance to the seawalk/cruise ship
  Accepts: Visa and MasterCard
- The visitor center in the red cottage by the entrance to the seawalk/cruise ship
  Accepts: Visa, MasterCard, AMEX, SEK, Euro, USD
- Vending machines on the platform (only credit cards with pin-code)

**The stations in Stockholm:**
- In Stockholm City, the trains run underground. Look for the “Commuter train” signs.
- The train departs from Stockholm Södra (Stockholm South station) approximately 3 minutes after departing from Stockholm City.

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